



DER VERDINSER HOF

★★★★
SUPERIOR

Wellness rituals: peeling, packings And (sissi-) bath

Peeling

- **Revitalizing body peeling**
Natural salt peeling, arnica and rosemary
- **Clarifying body peeling**
Natural salt peeling, St. John's Wort and Biopir
- **Rebalancing body peeling**
Natural salt peeling, honey and Swiss stone pine

Duration: about 25 min. € 48,-

Baths with Alpienne

- **Pur Spa "sensitive" bath foam**
Calendula with lemon balm and wild mallow
- **Pur Spa relaxing bath foam**
Alpine honey with Swiss pine and mullein
- **Pur Spa revitalizing bath**
Hay flowers with dandelion and nettle

Duration: about 25 min. € 32,-

- **Relaxing package**
Body peeling and bath (of your choice)

Duration approx. 50 min. € 72,-



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Baths according to Dr. Joseph Vitalis

Hay bath:

relieves fatigue, joint and back pain, purifies the skin and strengthens the mind.

Bath with oil candles and creams:

regulates metabolism, nourishing, the skin becomes softer due to the high content of essential Omega 6 fatty acids. A very special beauty bath.

Seaweed bath:

Seaweed has a beneficial effect on our basal metabolic rate, it helps eliminate fat. This wrap, rich in vitamin C and iodine, promotes the production of collagen in the tissue. The algae offers vitality and vigour.

Pine bath:

rejuvenating effect after physical activities and sports, relieves muscle and joint pain.

Arnica:

toning and antispasmodic action. Suitable for the mountain atmosphere.

Special apple bath Vitalis:

nourishing and moisturizing. Regenerating for the skin.

Duration: about 50 min. € 45, -



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Alpine Wellness bath: The Sissi bath

To be done alone or in couples. The Empress Sissi knew about the beneficial effects of the water gushing from the Verdinser Hof spring. The incredible properties of this water high in iron are known nationally and the so-called “Bauernbadl” is now popular. Its healing effect is widely recognized.

Sissi “ritual” bath - Pure pleasure for two

In the Alpine Wellness Village you can enjoy a delicious Vitaldrink to start. After a cleansing skin peel, you can relax outdoors and soak in the rustic and traditional wooden tub. Take a break and enjoy nature while sipping on a Vitaldrink and eating fresh fruit. Afterwards, you will be pampered with a full body massage of 50 minutes.

Give yourself a present: once you get home, you will remember the wonderful experience of the Sissi bath!

Duration: about 220 min. for 2 people € 380, -

Summer Moonlight Sissi Bath- for special occasions

A special experience for two! In the romantic cave you'll find fresh fruit and sparkling wine, candlelight and stars.

From 16.00 to 19.00 pm.

Duration: about 120 min. for 2 people € 99, -

Also available in the afternoon at 16. pm!